

Electroconvulsive Therapy (ECT) referral checklist (v2.0)

Fax with Facesheet and Consult Order to ALEPH Center, F520-885-5559

PATIENT NAME: \_\_\_\_\_

REFERRING CLINIC/CLINICIAN: \_\_\_\_\_

**CLINICAL FINDINGS:**

**ACUTE SYMPTOMS:**

**DEPRESSION:** *one of the following*

- acutely suicidal,
- severe agitation/aggression,
- psychotic symptoms,
- socially withdrawn,
- significant functional impairment,
- refusal of food/fluids presenting a medical risk.

**OR**

**ACUTE MANIA:** *3 of the following*

- inflated self-esteem/grandiosity,
- decreased need for sleep,
- pressured speech/increased talkativeness,
- racing thoughts/flight of ideas distractibility,
- increased goal directed activity / psychomotor agitation,
- excessive involvement in pleasurable activities with high potential for painful consequences [**LIST EXAMPLES**]

**OR**

- POSITIVE PSYCHOTIC SYMPTOMS** [delusions, hallucinations, etc] AND confirmed Schizophrenia/ Schizoaffective/ Schizophreniform Disorder

**OR**

**CATATONIA** *2 of the following*

- motoric immobility,
- excessive motor activity WITHOUT apparent purpose,
- mutism / resists instruction / being moved,
- peculiarities of voluntary movement,
- involuntary repetition of anothers actions / verbalizations

**ECT INDICATIONS: *one of the following***

**Acute symptoms refractory to medication with both:**

- trials of **at least 2** different medication regimens and medication trials included most recent generation of medications at adequate dosage for adequate length of time [At least 4 weeks].

**AND**

Psychiatric Medication Contraindication: *one of the following 3*

- medication would result in significant adverse effects due to co-morbid medical condition (diabetes, hypertension, hyperlipidemia, obesity, and metabolic syndrome, other).
- potential for dangerous interaction with medications needed for co-morbid medical condition
- substantial morbidity/mortality associated with delay in pharmacotherapeutic response**

**OR**

- Previous Positive Response to ECT

**Pre-ECT medical workup**

- H&P in last 30 days
- Neuro exam in past 30 days
- CBC, CMP in last 30 days
- Normal CXR in past year
- Normal 12-lead EKG in past year
- Normal brain imaging in lifetime [optional but desirable]
- PHQ-9